

# HILDRUM FARM NAMSEN RIVER



**FISHING SEASON IN MAIN STREAM:** 1 June - 31 August

**IN BJØRA RIVER TRIBUTARY:** 15 May - 31 August

**Tackle box:** The Namsen is a powerful river and so are its salmon! Fly rods should be 14-16ft with action to suit #10, 11 or 12 lines. Bring a combination of fly lines although intermediate density is preferable. Flies and tubes should suit individual preference but towards medium and larger sizes. Chest waders with felt soles, life jacket and wading stick recommended.

**Fishing statistics:** On request.

**Facilities:** Freezer, smoking and packing of fish for air transport, drying room and equipment hire.

**For non-anglers:** A nice place to bring non-fishing friends. A variety of cultural activities include an old church, pottery, museum, modern art gallery, sea fishing, sightseeing in the area and by the sea, walking and shopping in Namsos.

**Nearest airport:** Namsos (20 minutes by car) or Trondheim (2 hours 30 minutes by car).

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## THE RIVER

The Namsen River runs through the county of Nord - Trøndelag in the northern part of Central Norway. This is the country's heartland, where rich agricultural plains contrast with majestic mountains and a rocky coastline. Its springs are in the Børgefjell National Park and its estuary near the town of Namsos.

The total salmon running stretch of the Namsen river system is around 175km (109 miles) including the main tributaries (Bjøra and Sandøla). The salmon running stretch in the main stream is 74km (46 miles).

## THE FISHING

We offer excellent salmon fishing on the Hildrum beat. We also rent other beats when required. The beats are well suited for fly-fishing from a boat and for bank fishing. You can see the river for yourself on our webcam at [www.hildrumgard.no](http://www.hildrumgard.no)

The Hildrum beat, 20km (12 miles) from the river mouth, is about 700-900m long and double bank. It is best suited for harling or fly-fishing from a boat, with the gillie rowing and the angler fishing. There are shelters along the riverbank. The Hildrum beat is renowned for its big salmon.

**Primetime:** The best time to catch the big salmon is in early June. Grilse normally arrive in the last week of June. Hildrum Gård has a team of excellent guides and rowers who help our guests enjoy the fishing experience to the maximum .



## THE ACCOMMODATION

Hildrum Gård is located in the middle of Overhalla, a village 20km (12.4 miles) from Namsos airport and 25km (15.5 miles) from Grong railway station.

The farm's main building is built in the traditional style of the region. Rebuilt after a fire in 1993, it was modelled and reconstructed on the original building dating from 1711. The house has 7 en-suite bedrooms, 3 of which are double rooms. Meals are served in the period dining rooms. There is also a separate meeting/conference room. We offer facilities for storage of equipment and will freeze and package your catch.

Our aim is to offer our guests high standard accommodation, service and food, all in the unique atmosphere of our historic farm. We are fully licensed and we organise regular gourmet evenings. If you are also interested in hunting, we can also organise small game, as well as deer and elk hunts. Our guests' wellbeing is paramount to us and we make every effort to give you exactly the stay you want. We look forward to hearing from you and will be happy to answer any of your questions.