

LYSVOLL LODGE

STRYN RIVER



FISHING SEASON IN MAIN STREAM:

1 July – 15 August (salmon)

1 July – 15 September (sea trout)

Tackle box: Single-handed rods: 8.5-10ft to suit #7, 8 or 9 lines. Double-handed rods: 12-15ft to suit #10, 11 or 12 lines. Floating, intermediate, sinking and sinking tip, depending on the part of the river. Flies: silver doctor, Green Highlander, Thunder & Lightning, March Brown, Teal and Red, Heggeli and other flies. Sunray Shadow is regarded as the best tube fly. Guides: 2 to 4 guides for 6 to 8 anglers (dependent on demand).

Facilities: Main house: 5 double rooms and 2 single rooms in the main lodge. 3 bathrooms. Annexe: 3 large double rooms, 2 bathrooms. Modern, well equipped kitchen including freezing facilities and drying room for equipment. Opportunity to hire fishing equipment.

For non-anglers: Trips to Stryn Summer Ski Centre, Briksdal Glacier, Bødal Glacier, Svor Museum, glacier walks, mountaineering, shopping, golf (6 holes), fjord cruise etc.

Nearest airport:

Anda (1 hour 30 minutes by car)

Ørsta/Volda (1 hour 45 minutes by car)

Ålesund (2 hours by car)

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THE RIVER

The Stryn River runs through one of the country's most scenic areas. The western part of Norway is famous for its fjords, mountains, glaciers and beautiful valleys. The river has its springs in the Jotunheimen National Park, is 20km (12.5 miles) long and is famous for its green/blue coloured water which is due to melting snow and ice from a number of glaciers. Because of these melt waters, the Stryn River usually has a good water level throughout the fishing season.

The river is renowned for its big salmon stocks. The average weight for the 2007 season's catches was around 10kg (22lbs). The largest salmon in 2007 was 18kg (39.6lbs). The biggest salmon ever caught on the Stryn River weighed in at 29.5kg (64.9lbs). The river also has big sea trout – the largest ever caught weighed 14.0kg (30.8lbs).

THE FISHING

The Lysvoll Lodge's beat is a total of 3km (1.8 miles) double bank fishing from the Oppstryn Lake towards the sea. The lodge is midway on the beat. This part of the Stryn River is undoubtedly the most productive fishing part as a combination of good rapids and slower stretches (pools) make the salmon stop and rest in the pools. There are 34 pools on the beat – dependent on the water level. Most pools have easy access and allow straightforward bank fishing. Where the banks are steep, walkways along the river have been built to make fly fishing easier. Guides are available for guests, particularly for those not familiar with the river.



THE ACCOMMODATION

Lysvoll Lodge dates from 1897 and was purpose built for British noblemen who came to fish the river. It is built in Swiss style and is only a few metres from the river. The lodge has been visited by numerous dignitaries, including Norway's King Harald, a devoted salmon fisherman, who caught an 8kg (17.6lbs) salmon in 1993. New owners took over in 2006 and the lodge was refurbished and modernised.

The lodge has a total of 10 bedrooms, including 5 doubles and 2 singles in the main house and 3 double rooms in the annexe. There is a breakfast room, large dining room and lounge as well as both an enclosed and open balcony. There is a modern, well equipped kitchen with catch freezing and drying facilities. Fishing equipment and clothing are available for hire.

The lodge is well placed for excursions to a number of famous places in the vicinity. Most visited is Geiranger (a World Heritage site), Briksdal Glacier and Bødal Glacier. There is also summer skiing at the Stryn Summer ski centre. **Summer skiing season:** 1 June – 31 July

Deer hunting season: 15 September – 30 November.