

VUKU SALMON FISHING VERDAL RIVER



FISHING SEASON: 1 June – 15 August

Tackle box: Fly rods should be 13-15ft with action to suit #10, 11 or 12 lines. Bring a combination of fly lines although under 'normal' conditions, floating density is preferable. Flies and tubes should suit individual preference but towards medium and larger sizes. Chest waders with felt soles, life jacket and wading stick recommended.

Guides: There will normally be 1 guide per 4 anglers.

Fishing statistics: On request.

Facilities: **Holmen Estate** – High quality accommodation overlooking the Inna tributary. Sleeps 8 people in the main house (single/double bedrooms with en-suite bathroom). Excellent food and service. Tackle and drying rooms. **Tingvoll Lodge** – Good standard lodge in rebuilt barn. Sleeps 4 people in single rooms, 2 bathrooms, sauna on a fullboard or self-catering basis. Excellent resting cabin on the riverbank. **Austnes Farm** – Good standard farmhouse flat sleeps 4 people in single rooms, 1 bathroom on a full board basis. Austnes Farm also offers three well equipped cabins for two people on a self catering basis. Good resting cabin on the riverbank.

For non-anglers: Hiking, visiting the historic site of Stiklestad, trips to the city of Trondheim, fishing in mountain lakes and visiting local workshops.

Nearest airport: Trondheim (60 minutes by car).

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THE RIVER

Verdal River, with its tributaries Inna and Helgåa, is regarded as an underrated river among knowledgeable anglers in Norway. It offers around 30km (18.6 miles) of quality fishing and bears many similarities with rivers in Scotland. The river is a part of the huge Trondheim-fjord basin and is among the approx. 20 rivers that will benefit hugely from the buy-out for bag-net-fishing in the Trondheim fjord and nearby coastal areas.

The Verdal River, like most rivers in the Central Norway region, is known for its big salmon and usually a good number of 12-16kg (25-35lbs) salmon are caught during the short season. June is normally the right time to tangle with the BIG ones - coming fresh in from the Trondheim fjord. There are normally good runs of medium size salmon and grilse during July and well into August. During the last decade, good river management by fishing-right owners and the local Angling association has been vital in maintaining acceptable stocks of salmon and the river now features among the 12-15 best rivers in Norway.

THE FISHING

Vuku Salmon Fishing is a co-operation between three good beats around the Vuku village. The total length is 12km (7.5 miles) of double bank fishing and guests staying at the Holmen Estate, Tingvoll Lodge, Austnes Farm and Austnes Cabins have the opportunity to fish any of these beats during one week's fishing. During a normal season, the total catches of these three beats are in the region of 200-300 salmon and the average weight is around 4.5kg (10lbs).

The upper beats, just below the Granfoss Falls have a number of excellent fly-fishing stretches combined with good holding pools. In particular, the Fossa pool at Austnes, just below the Vuku Bridge, and Tingvoll's Home pool both hold good number of fish early in the season. During the middle and later part of the season, there are good chances for salmon on all three beats. Due to the diversity and length of the combined beats, 18 rods are allowed to fish during the first 6 weeks of the season.



THE ACCOMMODATION

Vuku Salmon Fishing offers three types of lodging. During the first three weeks of July, Holmen Estate provides full board accommodation. This is in high quality accommodation overlooking the Home pool on the Inna tributary. The Tingvoll Lodge ("Lakseloftet") is a refurbished barn.

The accommodation at the Austnes Farm (Østnes) is a farmhouse typical for the region, and guests use the 'old folks flat' (kåret) on a full board basis. The last accommodation option is the Austnes Cabins; a number of good quality timber lodges built in traditional Norwegian 'laft' style (interlocking timber logs). This is normally on a self catering basis.

Food provision at the three full board arrangements facilities is based on wholesome and traditional Norwegian food.